

# रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

नवंबर 2019

Vol. 55 No. 11

Editor: Dr. M. Maheshwar

November 2019

## CONGRATULATIONS

Dr. Sanjay Basak, Scientist E received **Swaran Kanta Dingley Oration Award-2017** for outstanding contribution in the field of Reproductive Biology from Dr. Harsh Vardhan, Hon'ble Union Minister for Health and Family Welfare, GoI in an Awards Ceremony on 16<sup>th</sup> Oct. at ICMR, Delhi. Dr. Balram Bhargava, DG, ICMR & Secretary, DHR is also seen.



## India International Science Festival (IISF)-2019

### NIN OPEN DAY

In connection with India International Science Festival-2019 an 'Open day' on 18<sup>th</sup> October, 2019 was organized for public to visit our laboratories, instruments and interact with scientists. A number of divisions including biochemistry, cell and molecular biology, clinical, public health and sports nutrition were kept open for visitors.

Shri. Kishan Reddy, Hon'ble Union Minister of State for Home Affairs, GOI & has chaired the meeting of steering committee that deliberated on the outreach activities to be taken up to popularize nutrition as mandated by the Ministry of Science and Technology. Dr. R Hemalatha, Director, ICMR-NIN; Ms. Sikta Patnaik, IAS, Joint Commissioner, GHMC; Dr. Kamala Krishnaswamy, renowned nutrition scientist; Prof. D Manohar Rao, Retired Professor of Genetics, Osmania University; Dr. G Bhanuprakash Reddy from Vigyan Bharati; Ms. Radha Alekya, Industry Representative; Ms. Vandana, Press Information Bureau; Dr. M Maheshwar, HoD, ET Division & Nodal Officer for IISF-2019 and other senior Scientists have participated in the meeting.



Minister's visit to Clinical Epidemiology Lab



Queue lines of visitors to NIN on Open Day



The Open Day was well attended by over a 1000 visitors who have interacted with the scientists. A number of medical tests and nutrition assessment were done free of cost for the visitors.

### Glimpses of the Open Day



Director Dr. R. Hemalatha seen receiving Hon'ble Minister Shri. G. Kishan Reddy



Minister briefing media representatives in Bio Chemistry Lab





## SPECIAL EVENTS

- Dr. R Hemalatha, Director has participated in the first live Phone-in programme telecast by Doordarshan Hyderabad- Yadagiri Channel on 7-10-2019. This was the first in a series of interview-cum-phone-in programme on nutrition poshan abhiyaan fitindia arranged in collaboration between ICMR-NIN and Yadhagiri DD Channel.



Dr. K. Damayanti, Scientist E spoke and answered viewers' queries on Balanced Diets.



Dr. B. Sesikeran, Former Director, NIN spoke and answered viewers' queries on Nutrition and non-communicable diseases.

## Release of Postel Stamp on ICMR-NIN



ICMR-NIN centenary stamp was released by Dr. Harsh Vardhan, Hon'ble Union Minister for Health and Family Welfare during ICMR Awards Ceremony held in ICMR, New Delhi on 16<sup>th</sup> October.



## Vigilance Awareness Week 2019 & Rashtriya Ekta Diwas Celebrations

Dr. R. Hemalatha, Director, ICMR-NIN and Dr. A.L.Khandare, Scientist G, administered the Integrity Pledge (Sathyanishtha Shapath) and Rashtriya Ekta Diwas Pledge to the staff in Hindi and English respectively (October 31).





## STAFF NEWS

### We congratulate

- ICMR-NIN-Centenary Award, a one time award instituted by ICMR commemorating ICMR-NIN's centenary year was announced to Dr. C Gopalan, Former Director, NIN and DG, ICMR .
- Dr. Harsh Vardhan, Hon'ble Minister for Health and Family Welfare gave away the Award on 16<sup>th</sup> October in ICMR, New Delhi to Dr. Sarath Gopalan S/o Late Dr. C. Gopalan.
- Director Dr. R Hemalatha received the prestigious 'Kamla Puri Sabharwal Memorial Lecture" Award 2019 at the Lady Irwin College, University of Delhi with this award she joins the list of luminaries in nutrition science to receive this honour.



- ICMR-NIN won the “Outlook Poshan Award” for excellence in nutrition research.

## MEETING ON CAMPUS

Seminar on Recent Trends in Sports Nutrition organised jointly by the ICMR-NIN and Indian Dietetic Association (IDA), Telangana Chapter, held on 4<sup>th</sup> October 2019.



## PARTICIPATION OF SCIENTISTS OF ICMR-NIN AT WORKSHOPS/ CONFERENCES/ MEETINGS

### Dr. Bharati Kulkarni

- First International Advisory Board meeting of the project: UKRI GCRF Action against Stunting Hub at WHO, Geneva, Switzerland on 28<sup>th</sup> October 2019. Presented a paper on "Policy and praxis environment related to stunting in India".
- Final Dissemination Workshop of the Grand Challenges in Agriculture and Nutrition (GCAgN) Project organized by IKP and USAID at Hotel Taj Mahal, Delhi on 18<sup>th</sup> October. Delivered a guest lecture on "Nutrition sensitive agriculture: Research opportunities and challenges.

### Dr. Padmaja Rambabu

- Visiting Scientist at BfR from 26<sup>th</sup> August to 25<sup>th</sup> Sep' Berlin, Germany.
- Presented a scientific paper on “Regulatory requirements of EDCs in India” at 5<sup>th</sup> International Conference on EDCs by Chem Academy at Berlin, Germany (23 - 25 Sept).



## Dr. Amruth Rao

- Attended the conference of International Science Symposium on HIV and Infectious Diseases, ISSHID-2019 Chennai, on 12-14<sup>th</sup> October, and presented a paper on “Effect of probiotic curd on CVD risk factors and body mass composition in people living with HIV -A pilot study”.

## Dr. R Ananthan

- Attended 13<sup>th</sup> International Food Data Conference and presented a paper on ‘Quantification of vitamin D2 (ergocalciferol) content in Indian foods’. Also a poster on “Nutritive value of different raw and processed eggs consumed in India” was presented in the conference held at Lisbon, Portugal during 14-18<sup>th</sup> October.

## PAPERS PUBLISHED / ACCEPTED FOR PUBLICATION

- Sudha Narayanan, Erin Lentz, Marzia Fontana, Anuradha De, Bharati Kulkarni. Developing the Women's Empowerment in Nutrition Index in Two States of India. Accepted for publication in Food Policy.
- Little Flower Augustine, Bharati Kulkarni, K Madhavan Nair. Sun exposure as a strategy for acquiring vitamin D in developing countries of tropical region: challenges and way forward. Accepted for publication in Indian Journal of Medical Research.
- Ranzani OT, Milà C, Sanchez M, Bhogadi S, Kulkarni B, Balakrishnan K, Sambandam S, Sunyer J, Marshall JD, Kinra S, Tonne C. Association between ambient and household air pollution with carotid intima-media thickness in peri-urban South India: CHAI-Project. Accepted for publication in Int J Epidemiol.
- Teena Dasi, Kiruthika Selvaraj, Raghu Pullakhandam, Bharati Kulkarni, Animal source foods for the alleviation of double burden of malnutrition in countries undergoing nutrition transition, *Animal Frontiers*, Volume 9, October 2019, Pages 32–38.
- Bamji MS, Rajnikant S, Gavaravarapu SRM, "Gandhi and Health @ 150: Foot prints of ICMR's Century Long Journey" (Book Review), *Current Science*, 117(8): 1376-1377.

### DEMISE OF DR. COLUTHUR GOPALAN (October 3)

- It was with profound grief all the Scientists and Staff of NIN condoled the sad demise of legendary medical scientist and the father-figure of nutrition research in India Dr. Coluthur Gopalan. He passed away during the early hours of 3<sup>rd</sup> October, 2019 at his residence in Chennai. Dr. Gopalan was born in 1918 and celebrated his 100<sup>th</sup> birth day last year. Dr. Gopalan occupied many prestigious positions. He served as the Director of National Institute of Nutrition, Hyderabad from 1961 to 1974 and as Director General, ICMR, Delhi from 1974-79. He was awarded the Padma Shri in 1970 and Padma Bhushan in 2003 by Government of India.
- Dr. Gopalan was a renowned scientist with international eminence spearheaded the cause of nutrition science for several decades. His contributions towards the betterment of nutrition of population. Further his contributions helped the nation to strengthen and the community program to eradicate undernutrition in many third world countries.
- May his soul rest in peace!



Condolence meeting was held to pay tributes to the legendary nutrition scientist Dr. C Gopalan